Cultivating Care: Farmer Mental Health by the Numbers



About 60% of farmers do not have access to basic medical care with more than half reporting a lack of health insurance.

Over 40% of farmers have reported feeling of sadness, loneliness, depression, or thoughts of suicide in the past year.





60% of farm adolescents
surveyed showed self-reported
symptoms of anxiety and
depression.

Approximately 90% of farmers agree that factors such as financial issues and fear of losing the farm impact the mental health of farmers.



For more information please visit:

WWW.GAFARMSTRESS.ORG

OR

www.agrisafe.org

