

# Peanut Power Breakfast Mufns



## YIELDS:

24 mufns

## SERVING SIZE:

3 small mufns

## INGREDIENTS:

6 large eggs

1 medium sweet yellow onion,  
chopped

1 cup fresh spinach, chopped

1/2 cup dry-roasted peanuts,  
chopped

1/2 cup Italian cheese, shredded

1 (3 oz.) package of dry packed,  
julienned sundried tomatoes, chopped

1/4 tsp. salt

1/4 tsp. black pepper

## DIRECTIONS:

Mix all ingredients together well and spoon into a prepared mini-mufn pan which has been sprayed with baking spray. Bake for 18 minutes at 350 degrees Fahrenheit. Let cool slightly before removing from the mufn pan.

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Georgia Grown

